

Brize Norton Primary School



We **SHINE** for ourselves and others with kindness

Striving, Helping, Inspiring, Nurturing, Excelling

Station Road, Brize Norton, OXON, OX18 3PL

Headteacher: Mrs R. Jones

Friday, 17th May 2024

Jigsaw PSHE - 'Changing Me' - Consent

Dear Parent/Carer,

Our PHSE Jigsaw lessons since September have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. You may have heard your child talk about the 'Jigsaw' friends and 'Calm Me' time.

Next term, the children will be covering the topic 'Changing Me'. Please see overleaf the areas covered in each year group for this topic. As this is an age related topic, children will be taught in their year groups for this session and not in their classes. At Brize Norton Primary School, we believe children should understand the facts about human reproduction before they leave primary school, this also coincides with our Science and Safe Guarding curriculums. Sex Education refers to "Human Reproduction". Understanding human reproduction, conception and puberty is introduced in Years 4 and 5 and then puberty, conception and childbirth is age appropriately covered in Years 5 & 6. We hope you will be in agreement with us that this work is vitally important for children and that it needs to be delivered age-appropriately. The Jigsaw Programme gives us a secure framework in which to do this.

As a parent/carer you have the right to withdraw your child from certain lessons but you must inform the school of your decision. If you would like further information about the coverage within lessons to support you with your decision, do please make an appointment with your child's class teacher. Alternatively, do look at our PHSE and RSHE Policy which you can find on our website. For these sessions will assume that consent has been given, and your child will take part in all of these lessons if we do not hear from you.

Best wishes,
Mrs Jones

Headteacher



Contact

Office: 01993 842488

Email: office.2250@brize-norton.oxon.sch.uk



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Year	What is covered in the 'Change Me' Unit:	
Reception	Growing up	How we have changed since we were babies
Year 1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Year 2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls - how do we feel about them? Which parts of me are private?
Year 3	Inside and outside body changes	How our bodies need to change so they can make babies when we grow up - inside and outside changes and how we feel about them
Year 4	Having a baby	The choice to have a baby, the parts of men and women that make babies and - in simple terms - how this happens
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult - including menstruation
Year 5	Puberty for girls	Physical changes and feelings about them - importance of looking after yourself
	Puberty for boys	Developing understanding of changes for both sexes - reassurance and exploring feelings
	Conception	Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life
Year 6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us
	Girl talk / boy talk	A chance to ask questions and reflect (single sex)
	Conception to birth	The story of pregnancy and birth



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