

Brize Norton Primary School



We **SHINE** for ourselves and others

Striving, Helping, Inspiring, Nurturing, Excelling

Station Road, Brize Norton, OXON, OX18 3PL

Headteacher: Mrs R. Jones

Forest School – Information for Parents

As you are aware, our school is committed to ensuring that all our children have the opportunity to experience Forest School, from our youngest Buccaneers, to our oldest Falcons. We aim to provide a unique experience that offers children the opportunity to succeed and develop confidence and self-esteem through hands-on learning experiences in the woodland environment. We want children to have the freedom to be themselves; to be in charge of their learning, have fun, get dirty, take risks, make decisions, use tools safely, manage fire safely, solve problems and ultimately learn new skills that they will have for life.

The areas of development which have been shown to be improved as a result of Forest School are:

- Personal confidence and self esteem
- Social skills
- Motivation and communication
- Language and communication
- Physical skills
- Knowledge, awareness and respect for the environment

Here at Brize Norton, we are lucky enough to have own wild area. Mrs Rae is our Forest School teacher and has undertaken a rigorous training programme to ensure our children get the very best opportunities whilst they're at Forest School. In order for children to take part in Forest School safely and comfortably, we have a specific kit list that needs to be adhered to. We intend to go out in **ALL WEATHERS** so it is important that the children are appropriately dressed. Please bear in the mind that the outdoor areas can get very wet and muddy at times and the children can come home rather dirty!

Children will need:

- Wellington boots
- Rain coat/trousers
- Warm socks
- Hat/gloves/scarf for the winter months
- Sun hat for the summer months

Similar to the **school PE kit**, the outerwear garments for Forest School are: **plain navy tracksuit bottoms or leggings** and **a long-sleeved plain t-shirt**, preferably **navy** or **red**. A **school jumper** or **plain navy** one can be worn on the top. Children are not to come in in their casual, home wear. On colder days, please provide your children with under layers such as vests and thermal wear. Even in hot weather, it is important that children wear strong, closed-toed shoes and cover their arms and legs with long sleeved/legged clothing. This helps protect against the brambles and nettles; the temperature under the trees is often cooler than out in the open. In the interests of health and safety, shoulder length hair or longer should be tied up and no jewelry should worn, earrings should be studs. Children can wear their forest school kit to school on the appropriate days and wellies can be left in school for the duration of the sessions.



Contact

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